

Brentwood Selo SAC - Snorkel Programme

Sheet1

Ocean Snorkel Diver

	05/02/10	12/02/10	19/02/10	26/02/10	05/03/10	12/03/10	TBA MARCH	19/03/10	26/03/10
Theory			breath hold diving			Skills & Equipment			Heart & Lungs
Practical	snorkeling skills			PAINT POOL RED	mask refit & clear underwater			Extra equipment	
Open water							RIB FUN TRIP		
Location	Brentwood Ctre		Brentwood Ctre		Brentwood Ctre	Brentwood Ctre	Bradwell	Brentwood Ctre	Brentwood Ctre
instructor	D Harvey		D Harvey	D Harvey	A M Sewell	K Summers	D Harvey	A M Sewell	K Summers
A/instructor	Z Woods				E Rosoman			Z Woods	E Rosoman



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Sheet1

02/04/10	09/04/10	16/04/10	23/04/10	TBA APRIL	30/04/10	07/05/10	14/05/10	21/05/10	TBA MAY	28/05/10
		rescue techniques			safe snorkeling practices		planning snorkeling trips & use of compass			Introduction RIB & safety features
	Buoyancy aids		rescue techniques			tired swimmers tow		revision pool work / fish recognition		
				RIB FUN TRIP					Full equipment familiarisation	
	Brentwood Ctre	Brentwood Ctre	Brentwood Ctre	THAMES	Brentwood Ctre	Brentwood Ctre	Brentwood Ctre	Brentwood Ctre	Deep pool basildon	Brentwood Ctre
	A M Sewell	A M Sewell	K Summers	M Smith	A M Sewell	K Summers	D Harvey		D Harvey	G Burgoyne
	C Sewell					E Rosoman		Z Woods		

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Sheet1

04/06/10	TBA JUNE	TBA JUNE	01/10/09
THEORTY TEST			start BSAC ADVANCED SNORKEL DIVER
	OPEN WATER SKILLS TEST	QUALIFYING DIVES	
Brentwood Ctre	Swanage/ kimmerage	Swanage/ Kimmerage	
D Harvey	D Harvey	D Harvey	